



## Subject Guide for Health

### Locating Health information at LATTTC Library.

See the suggested Subject Headings below for searching books; E-books; Research Databases for journal, magazine, and newspaper articles; and internet sites.

#### Subject Headings

Children--Health and hygiene  
CPR (First aid)  
Detoxification (Health)  
Diet  
Diseases  
Drugs  
Exercise  
First aid  
Health  
Health attitudes  
Holistic medicine  
Hygiene  
Longevity

Medicine  
Men--Health and hygiene  
Mental health  
Nutrition  
Physical fitness  
Physiology  
Public health  
Relaxation  
Self-care, Health  
Sleep  
Stress management  
Vitality  
Women--Health and hygiene

#### Research Databases

Find journal, magazine, and newspaper articles; research reports; image sources; primary documents; specialized dictionaries, encyclopedias, and more.

##### Academic OneFile

Full-text articles from scholarly ( peer-reviewed) journals and reference sources.

##### Gale Virtual Reference Library

Multi-subject virtual reference sources including multi-volume encyclopedias, dictionaries, and specialized reference sources.

##### General OneFile

Full-text articles from magazines, journals, news and reference sources, and multimedia materials including pod casts and audio files.

##### Health Reference Center Academic

Multi-source database provides access to the full text of nursing and allied health journals, plus the wide variety of personal health information sources.

##### Nursing and Allied Health Collection

Full-text collection covering all aspects of the nursing profession from direct patient care to health care administration.

##### Physical Therapy and Sports Medicine Collection

Full-text articles in the fields of physical therapy and sports medicine. Topics include proven treatment techniques, experimental research theses, and many more.



## Select Reference Books

<b>TITLE</b>	<b>Call Number</b>
The Harvard Medical School guide to men's health : lessons from the Harvard men's health studies.	REF 613.0423 Sim
Health and the environment.	REF 320.05 Hea
Health-care careers for the 21st century.	REF 610.69 Wis
Mosby's dictionary of medicine, nursing & health professions.	REF 610.3 Mos
The new Harvard guide to women's health.	REF 616.0082 Car
Stedman's medical abbreviations, acronyms & symbols.	REF 610.148 Ste

## Select Reserve Books

<b>TITLE</b>	<b>Call Number</b>
Contemporary women's health : issues for today and the future.	Reserve Desk 613.04244 Kol
Encyclopedia & dictionary of medicine, nursing, and allied health.	Reserve Desk 610.3 Enc
Health care : opposing viewpoints.	Reserve Desk 362.1 Hea
How to find health information on the Internet.	Reserve Desk 025.0661 Max
Men's health.	Reserve Desk 610.73 Men
Nutrition : concepts and controversies.	Reserve Desk 613.2 Web

## Select Circulating Books

<b>TITLE</b>	<b>Call Number</b>
Health and wellness.	613 Edl
Our bodies, ourselves : a new edition for a new era.	613.04244 Our
Stand! health : contending ideas and opinions.	613 Sta
Understanding your health.	613.0434 Pay

## Select E-books

<b>TITLE</b>	<b>Call Number</b>
The Gale encyclopedia of children's health [electronic resource].	Electronic Book
Health and wellness [electronic resource] : illness among Americans.	Electronic Book
The health care system [electronic resource ].	Electronic Book
Medicine, health, and bioethics [electronic resources] : essential primary sources.	Electronic Book
Nutrition and well-being a to z [electronic resource].	Electronic Book



## Select Internet Sites

**Consumer.gov:** Your resource for consumer information from the federal government

<http://www.consumer.gov/health.htm>

Health topics include aging/elder care, buying smart, choosing quality health care, diet and weight control, disease, drugs, exercise and fitness, medical procedures, mental health, nutrition, public health assessments, women's health and more.

**U.S. Department of Health & Human Services :** National Institutes of Health: Health Information

<http://health.nih.gov/>

Access consumer health information from the National Institutes of Health (NIH) - " the primary Federal agency for conducting and supporting medical research" – including links to clinical trials, health hotlines, and related topics. Search for your topic using the site's search box, or browse "Health Topics A-Z". Quick Links include child and teen health, men's health, minority health, seniors' health, women's health, and more.

**News in Health** <http://newsinhealth.nih.gov>

Electronic newsletter published monthly by the National Institutes of Health (NIH). Browse archives going back to 1996, or use the site's search box to find articles on your topic. Topics cover a variety of health related issues including nutrition, disease prevention, drugs and medications, specific diseases (search by disease name – i.e., Alzheimer's, diabetes, etc.), and more.

**University of California, San Diego, Medical Center, Health Information**

<http://health.ucsd.edu/healthinfo/>

Search "Health Topics," including allergies, asthma, back pain, cancer, diabetes, digestive disorders, men's health, mental health, orthopedic, parenting, patient safety, pregnancy, senior's health, stress, stroke, weight management, women's health and more. "Health Library" includes browsable topics in the following categories: illness & conditions, FDA drug approvals and actions, self-help resources, drug guide, medical tests, complementary medicine, medicine search, symptom checker, and fetal development tool.

**Discovery Health** <http://health.discovery.com/>

Discovery Channel's health site features current health news. Categories such as, diseases and conditions, diet and fitness, healthy living, mental health, pregnancy and parenting, sex and relationships, include a variety of health related topics.

**The Stanford Health Library** <http://healthlibrary.stanford.edu/>

"The Health Library" provides links to consumer health information on a wide variety of topics including women's health, children's health, men's health, diseases and disorders, drug information and therapies, and more.

**World Health Organization : The World Health Report** <http://www.who.int/whr/>

Annual report on human health around the world, "including statistics relating to all countries, with a focus on a specific subject." View current report or previous reports, or browse health topics, publications, data and statistics, and more.